

COYOTE CREEK PHYSICAL EDUCATION 2024-2025 EXPECTATIONS & GUIDELINES

MR. ACKERMANN
MR. VALJALO

- BE READY EACH CLASS TO BE ENGAGED & PARTICIPATE FULLY
- HAVE A POSITIVE ATTITUDE ESPECIALLY WHEN TRYING NEW GAMES/ACTIVITIES
- HAVE FUN & BE READY TO LAUGH & SMILE TOGETHER!
- BE RESPECTFUL OF FELLOW STUDENTS, TEACHERS, & EQUIPMENT USED FOR PE - RETURN EQUIPMENT & CLEAN UP AFTER YOURSELF
- FOLLOW THE GOLDEN RULE -TREAT OTHERS THE WAY YOU WANT TO BE TREATED
- BE PATIENT AND PLEASE WAIT FOR YOUR TURN TO TALK
- COMMUNICATE WITH US – LET US KNOW HOW YOU ARE DOING, IF YOU ARE HURT, NEED HELP WITH SOLVING A DISAGREEMENT/PROBLEM WE ARE HERE TO HELP YOU, BUT WE NEED TO KNOW WHAT IS GOING ON IN ORDER TO HELP YOU!
- ASK PERMISSION FROM THE TEACHER BEFORE GOING TO THE BATHROOM, WATER FOUNTAIN, OR LEAVING CLASS FOR ANY REASON (STUDENT SAFETY)
- EATING FOOD, CANDY, AND/OR CHEWING GUM IS NOT PERMITTED IN PE CLASS FOR SAFETY REASONS (CHOKING HAZARD)
- WHEN A STUDENT IS SICK OR INJURED AND IS UNABLE TO PARTICIPATE IN PE: **PARENTS** - PLEASE SEND AN EMAIL TO THE OFFICE & THE PE TEACHERS.

DOCTOR NOTES SHOULD BE SENT TO THE SCHOOL OFFICE:
BELINDA YANG – BYANG@SRVUSD.NET – OFFICE STAFF

MR. ACKERMANN – EACKERMANN@SRVUSD.NET
PE TEACHER (MONDAY-FRIDAY)

MR. VALJALO – JVALJALO@SRVUSD.NET
PE TEACHER (FRIDAYS)

INCLUDE IN NOTE/EMAIL:

1. STUDENTS NAME, TEACHERS NAME, PARENT SIGNATURE WITH DATE
2. WHAT THE NATURE OF THE INJURY/SICKNESS IS
3. IF YOU WANT THE STUDENTS TO SIT OUT OF PE ENTIRELY OR IF THEY ARE ABLE TO PARTICIPATE WITH CERTAIN RESTRICTIONS – EXAMPLE- NO RUNNING/JUMPING

4. FOR MORE SERIOUS INJURIES/SICKNESS PLEASE INCLUDE A DOCTOR'S NOTE WHICH WILL INCLUDE HOW LONG THE STUDENT IS RESTRICTED FROM PE PARTICIPATION

COME PREPARED:

1. WEAR APPROPRIATE ACTIVE CLOTHING (SHORTS, SWEATS, LIGHT JACKET – PLEASE NO DRESSES OR CLOTHES THAT NEED TO STAY CLEAN) & FOOTWEAR (TENNIS/RUNNING SHOES – NO SANDALS, DRESS SHOES, BOOTS)
2. HAT & SUNSCREEN TO PROTECT YOUR SKIN!
3. BRING YOUR OWN WATER BOTTLE LABELED WITH YOUR NAME
4. LABEL CLOTHING WITH STUDENTS NAME WHICH HELPS IN FINDING THE OWNER IF THEY ARE LEFT BEHIND

PE GRADES ARE GIVEN IN THE FOLLOWING 2 AREAS:

1. PARTICIPATION:

- COMES PREPARED FOR PE WEARING APPROPRIATE CLOTHING/FOOTWEAR
- GIVES A FULL EFFORT IN WARMUP EXERCISES, JOGGING/RUNNING IN A TIMELY MANNER
- ACTIVE IN PE LESSONS, GAMES, & ACTIVITIES
- DEMONSTRATES WILLINGNESS TO ATTEMPT NEW SKILLS & ACTIVITIES
- ASKS QUESTIONS & SEEKS HELP FROM TEACHER WHEN NEEDED

2. SPORTSMANSHIP:

- QUIETLY LISTENS TO INSTRUCTIONS & FOLLOWS DIRECTIONS GIVEN
- ENGAGES IN APPROPRIATE SOCIAL SKILLS IN THE PE SETTING
- WORKS WELL WITH FELLOW STUDENTS/PEERS
- ACCEPTS RESULTS/OUTCOMES IN A POSITIVE MANNER
- UNDERSTANDS & ACCEPTS THAT EACH PERSON IS DIFFERENT IN THEIR PHYSICAL SKILLS/ABILITIES
- WORKS HARD TO BE A COOPERATIVE TEAM PLAYER

GRADING FEEDBACK ON REPORT CARD:

3 = STUDENT IS CONSISTENT IN MEETING OR EXCEEDING PE GRADE LEVEL EXPECTATIONS MORE THAN 80% OF THE TIME

2 = STUDENT MEETS AND IS MAKING PROGRESS TOWARDS ACHIEVING PE GRADE LEVEL EXPECTATIONS 50%-80%

1 = STUDENT NEEDS SUPPORT IN MEETING PE EXPECTATIONS – MEETS CRITERIA LESS THAN 50% OF THE TIME

STUDENTS AND PARENTS PLEASE REVIEW THESE EXPECTATIONS TOGETHER. WE APPRECIATE ANY FEEDBACK OR QUESTIONS YOU MAY HAVE.

PLEASE EMAIL US WITH ANY QUESTIONS/CONCERNS:

MR. ACKERMANN – EACKERMANN@SRVUSD.NET

MR. VALJALO – JVALJALO@SRVUSD.NET

WE ARE EXCITED TO MEET EACH OF OUR STUDENTS AND ARE LOOKING FORWARD TO A YEAR OF GROWTH, TEAMWORK, AND FUN!

WELCOME BACK OR WELCOME TO TO THE PACK!

-MR. ACKERMANN

-MR. VALJALO